West Ohio Conference of The United Methodist Church

Missional congregations helping to build sustainable communities.
www.westohioumc.org/holycurrencies
R.E.S.P.E.C.T. guidelines

R = take Responsibility for what you say and feel without blaming others
E = use Empathetic listening
S = be Sensitive to differences in communication styles
P = Ponder what you hear and feel before you speak
E = Examine your own assumptions and perceptions
C = keep Confidentiality
T = Trust ambiguity, because we are not here to debate who is right or wrong