



SATURDAY CIRCLES
Monthly Restorative Opportunities
4th Saturdays @ 9:30-11:00AM on Zoom.

“Above all else, guard your heart, for everything you do flows from it.” – Proverbs 4:23

Saturday Circles use the restorative practice of the Listening Circle for participants to experience braver and safer spaces for creating emotional connection and healing in the midst of justice-involved experiences. Participants have the opportunity to tell their truth and experience an empathetic, non-judgmental environment for healing. Circle topics include: family incarceration and reentry, victimization and reentry for returning neighbors. If you’re feeling bruised and battered from any of these life experiences, a Listening Circle offers you a way for us to “listen each other into healing.”

Date	Topic & Description
26-Feb	<p>Reentry Experiences & Impact - This restorative space is for neighbors who have returned to their community following an incarceration experience. Supportive allies are welcome, too. This month's Saturday Circles offers an understanding, safe, empathetic community. In the Circle, we aim to support each other’s journey by listening without judgement, questioning, or shame. When participating in a Listening Circle, we have the responsibility to listen and an opportunity to be heard. This is not a space for debate.</p>
26-Mar	<p>Victimization Experiences & Impact - This restorative space is for community members who have been wounded (criminal or not), experienced criminal victimization, or want to be good allies for those who have. This month's Saturday Circles offers an understanding, safe, empathetic community. In the Circle, we aim to support individuals that have been harmed by listening without judgement, questioning, or shame. We support one’s truth and agency to determine one’s own path to healing. When participating in a Listening Circle, we have the responsibility to listen and an opportunity to be heard. This is not a space for debate.</p>
23-Apr	<p>Family Reentry Experiences & Impact - If you’re feeling bruised or battered from living with a loved one’s reentry experience or want to become a better ally to friends and loved one who are, this Saturday Circles offers you an understanding, safe, empathetic community. The goal of this Listening Circle is</p>

	to create space for shared connection about the impact of reentry in families within a supportive community. We aim to support individuals and help communities that have been harmed by listening without judgement, questioning, or shame.
21-May	Family Incarceration Experiences & Impact - If you're feeling bruised or battered from living with a loved one's incarceration or want to become a better ally to friends and loved one who are, this Saturday Circles offers you an understanding, safe, empathetic community. The goal of this Listening Circle is to create space for shared connection about the impact of incarceration in families. We aim to support individuals and help communities that have been harmed by listening without judgement, questioning, or shame.
25-Jun	Reentry Experiences & Impact - This is a second opportunity to experience this restorative space for neighbors who have returned to their community following an incarceration experience. Supportive allies are welcome, too. We offer an understanding, safe, empathetic community of support for each other's journey. We listen without judgement, questioning, or shame and offer space to be heard.
23-Jul	Victimization Experiences & Impact - This is a second opportunity to experience this restorative space for community members who have been wounded (criminal or not), experienced criminal victimization, or want to be good allies for those who have. We offer an understanding, safe, empathetic community that supports individuals by listening without judgement, questioning, or shame. We support one's truth and agency to determine one's own path to healing.
27-Aug	Family Reentry Experiences & Impact - If you are needing support as you live through a loved one's reentry experience or want to become a better ally to friends and loved one who are, this Saturday Circles offers you an understanding, safe, empathetic community. In this space, we support individuals and create community through non-judgmental, empathetic listening. Participants have the responsibility to listen without questioning or shaming and share their experiences in support of another.
24-Sep	Family Incarceration Experiences & Impact - This Saturday Circles offers an understanding, safe, empathetic community for our neighbors who feel bruised or battered from living with a loved one's incarceration. Caring neighbors who want to become a better ally to friends and loved one who are welcome, too. Together, we create space for shared connection about the impact of incarceration in families by listening without judgement, questioning, or shame.

22-Oct

Victimization Experiences & Impact - This is another opportunity to experience this restorative space for community members who have been wounded (criminal or not), experienced criminal victimization, or want to be good allies for those who have. We offer an understanding, safe, empathetic community that supports individuals by listening without judgement, questioning, or shame. We support one's truth and agency to determine one's own path to healing.

Cost per Session: Free – General Participation; \$5 CEU/Certificate of Participation

Each Saturday Circle offers 0.15 CEU (UMC) or a Certificate of Participation for 1.5 hours.

[Click here for the 2022 schedule and session descriptions.](#)

Advanced registration is required.